

Shopping List for Cooking with Kids Series July 2022

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WEEK 3

200g Broccoli
300g Cherry tomatoes

150g Cheddar cheese
100g Unsalted butter

500g Passata
200g Tinned tuna

150g Brown Sugar
1 Egg
100g Plain Flour
125g Oats
75g Raisins
300g Dried Pasta

Storecupboard:

(Check you have these)

Salt and Pepper
Oil
Garlic Powder
Vanilla Extract
Baking Powder
Tomato Puree
Dried Oregano
Balsamic vinegar