

Shopping List for Cooking with Kids Series July 2022

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WEEK 2

4 Tomatoes

3 Bananas (very ripe)

300g Cooked Chicken

200g Salsa

200g Cheddar Cheese

Tortilla Wraps Pack of 8

2 Eggs

250g Plain Flour

175g Caster Sugar

100g Milk Chocolate Chunks

400g Tinned Black Beans

200g Tinned Sweetcorn

Storecupboard:

(Check you have these)

Cumin

Paprika

Oil

Baking Powder