

Shopping List for Meal Plan 2 (Aldi) as at 28th March 2022

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Closed Cup Mushrooms = £0.79
Family Pack of Wonky Peppers = £0.96
Wonky Potatoes 2.5 = £0.89
Cucumber = £0.43
Cucumber = £0.43
Spring Onions = £0.37
Salad Tomatoes 6 Pack = £0.69
Sweet Gem Lettuces = £0.75
Courgettes = £1.19
Red Onions 3 Pack = £0.79
Lemons = £0.54

Low Fat Natural Yoghurt = £0.45
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Extra Mature Cheddar = £1.79
Garlic & Herb Soft Cheese = £0.69
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Chicken Thighs, Skinless Boneless 900g = £3.99
Bacon Smoked 8 Rashers = £1.25
Beef Mince 10% Fat 500g = £2.49

Frozen Butternut Squash = £0.65
Frozen Butternut Squash = £0.65
Frozen King Prawns = £2.19
Frozen King Prawns = £2.19
Frozen Garden Peas = £0.55

Bake at Home Baguettes = £0.49
Tortilla Wraps = £0.79

Tube of Garlic Puree = £0.69
Tube of Ginger Puree = £0.69
Passata = £0.39
Passata = £0.39
Tomatoes Chopped Tin = £0.40
Taco Beans in Chilli Sauce = £0.59
Taco Beans in Chilli Sauce = £0.59
Rice Long Grain 1kg = £0.45
Curry Powder = £0.79
Tortilla Chips = £0.45
Spaghetti = £0.20
Sweetcorn Tin = £0.54

Storecupboard:

(Check you have these)

Paprika
Ground Cumin
Ground Cinnamon
Chilli Flakes
Garlic Granules/Powder
Salt
Pepper
Olive Oil/Vegetable Oil
White Sugar
Mint Sauce
Oregano

= £33.18